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محمد سلمان سلیم

Essay: Quaid-e-Azam Muhammad Ali Jinnah

(My National Hero)

Very few individuals significantly alter the course of history. Fewer still modify the map of the world. Hardly anyone can be credited with creating a nation state. Muhammad Ali Jinnah did all three. He was one of the recent history's most charismatic leaders. Jinnah virtually conjured Pakistan into statehood by the force of his indomitable will. His place of primacy in Pakistan's history looms like lofty minaret over the achievements of all his contemporaries in the Muslim League.

It is the Quaid-e-Azam Muhammad Ali Jinnah who is the founder of our dear motherland, Islamic Republic of Pakistan. He is regarded as our liberator.

M.A. Jinnah saw the light of the day in Karachi on 25th December, 1876 in the noble family of a rich businessman, Poonja Jinnah. He received his early education in Karachi Mission School. At the age of 16, after passing Matriculation Examination, he went to England and studied law and took his Banister's degree from Lincoln's Inn. In 1896, he came back and started practice as a lawyer, first in Karachi and then in Bombay. In spite of a strong Hindu majority in that profession, he rose to a very high position by dint of his strenuous and meticulous work.

Mr. Jinnah was born great, and to rule the hearts of the Indian Muslims. He started his political career as a member of Bombay Legislature. Then he joined Indian National Congress. He was a great champion of freedom for the people of India. When he realized that the congress was a neo-Hindu body and stood for Ram Raj, he resigned and joined the All India Muslim League in 1922. He had been the greatest spokesman of the India Muslims for a separate state for them.

By 1930 he became an undisputed leader of the Muslims. Soon he began to reorganize the Indian Muslim League all over India. People gave him the title of Quaid-e-Azam for his selfless services for the Muslim cause, freedom. He was an intellectual wizard and soon overshadowed the great congressites Gandhi, Jawahar-Lal Nehru. Quaid-Azam was man of principles and fought undauntedly single handed against the British and the Indian Congress. He was a great statesman, a seasoned parliamentarian and champion of democracy.

Mr. Jinnah's integrity of character was beyond reproach. Gandhi called him 'an impossible man', for he would never compromise on principles. He stood like a rock against his opponents. He untied the defeated groups of Muslims into a force to reckon with. Quaid-e-Azam worked day and night for strengthening the Muslim League and, for finding the largest Muslim country in the world. It was due his untiring efforts and wise leadership that Pakistan came into being. Had there been no Jinnah, there would not have been Pakistan. Mr. Jinnah was highly intelligent, highly disciplined, hardworking supremely self-confident, driven by the dream and drove others. He was the first Governor General Pakistan.

On 23rd March 1940, Pakistan Resolution was passed in Lahore. All the Muslims took active part in the freedom movement under the able guidance of respectable Quaid-e-Azam and at last succeeded in their mission. The British had to accept this demand and Pakistan came into being on 14th August, 1947.

Quaid-e-Azam Muhammad Ali Jinnah took the rein of this new born state as the Governor General of Pakistan. He paid no heed to his doctor's advice and did not care even for his failing health. His health was breaking down under the heavy pressure of work.

Quaid-Azam Muhammad Ali Jinnah died at 10:20 pm on September 11, 1948 at Ziarat in Quetta. He was buried the next day in Karachi, where a handsome domed monument of pink marble now stands, housing the remains of one of the history's most remarkable, tenacious, enigmatic figures. Pakistan is a living monument of his greatness and his service.

May Allah rest his soul in peace. (Amin)

*Lives of great men all remind us
We can make our lives sublime,
And, departing, leave behind us,
Footprints on the sands of time.*

Longfellow

ختم نبوت ﷺ زندہ باد

عظمت صحابہ زندہ باد

السلام علیکم ورحمۃ اللہ وبرکاتہ:

معزز ممبران: آپ کا وٹس ایپ گروپ ایڈمن "اردو بکس" آپ سے مخاطب ہے۔

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- ❖ گروپ میں صرف PDF کتب پوسٹ کی جاتی ہیں لہذا کتب کے متعلق اپنے کمٹس / ریویوز ضرور دیں۔ گروپ میں بغیر ایڈمن کی اجازت کے کسی بھی قسم کی (اسلامی و غیر اسلامی، اخلاقی، تحریری) پوسٹ کرنا سختی سے منع ہے۔
- ❖ گروپ میں معزز، پڑھے لکھے، سلجھے ہوئے ممبرز موجود ہیں اخلاقیات کی پابندی کریں اور گروپ رولز کو فالو کریں بصورت دیگر معزز ممبرز کی بہتری کی خاطر ریموو کر دیا جائے گا۔
- ❖ کوئی بھی ممبر کسی بھی ممبر کو انباکس میں میسج، مس کال، کال نہیں کرے گا۔ رپورٹ پر فوری ریموو کر کے کارروائی عمل میں لائے جائے گی۔
- ❖ ہمارے کسی بھی گروپ میں سیاسی و فرقہ واریت کی بحث کی قطعاً کوئی گنجائش نہیں ہے۔
- ❖ اگر کسی کو بھی گروپ کے متعلق کسی قسم کی شکایت یا تجویز کی صورت میں ایڈمن سے رابطہ کیجئے۔
- ❖ سب سے اہم بات:

گروپ میں کسی بھی قادیانی، مرزائی، احمدی، گستاخ رسول، گستاخ امہات المؤمنین، گستاخ صحابہ و خلفائے راشدین حضرت ابو بکر

صدیق، حضرت عمر فاروق، حضرت عثمان غنی، حضرت علی المرتضیٰ، حضرت حسنین کریمین رضوان اللہ تعالیٰ اجمعین، گستاخ اہلبیت یا

ایسے غیر مسلم جو اسلام اور پاکستان کے خلاف پراپیگنڈا میں مصروف ہیں یا ان کے روحانی و ذہنی سپورٹرز کے لئے کوئی گنجائش نہیں

ہے لہذا ایسے اشخاص بالکل بھی گروپ جو ان کرنے کی زحمت نہ کریں۔ معلوم ہونے پر فوراً ریموو کر دیا جائے گا۔

❖ تمام کتب انٹرنیٹ سے تلاش / ڈاؤنلوڈ کر کے فری آف کاسٹ وٹس ایپ گروپ میں شیئر کی جاتی ہیں۔ جو کتاب نہیں ملتی اس کے لئے معذرت کر

لی جاتی ہے۔ جس میں محنت بھی صرف ہوتی ہے لیکن ہمیں آپ سے صرف دعاؤں کی درخواست ہے۔

❖ عمران سیریز کے شوقین کیلئے علیحدہ سے عمران سیریز گروپ موجود ہے۔

❖ لیڈرز کے لئے الگ گروپ کی سہولت موجود ہے جس کے لئے ویریفیکیشن ضروری ہے۔

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پاکستان پائمنڈہ باد

پاکستان زندہ باد

اللہ تبارک تعالیٰ ہم سب کا حامی و ناصر ہو

12. My Favourite Personality/ The Quaid-e- Azam

“Great minds discuss ideas, Average minds discuss events, small minds discuss people”

History is determined by great men. Great men are not born daily. Humanity has to wait for centuries. Great men are found all over the world. But I am charmed by the towering personality of Quaid-e-Azam Muhammad Ali Jinnah. He is the founder of Pakistan. He is the bright star of the history of Pakistan. He gave a new course to the Indian history. He brought a peaceful revolution and established Pakistan for us.

Quaid-e-Azam Muhammad Ali Jinnah was born in Karachi on December 25, 1876. His father Poonjah Jinnah was a trader. He got elementary education from a local Maktab. At the age of 16, he passed the Matriculation examination. Then he proceeded to England for higher studies. There he distinguished himself as a keen and bright student. He qualified from the Lincoln's Inn as a brilliant Barrister and returned home. He started practice as a lawyer first in Karachi and then in Bombay. Soon, he became a very famous lawyer of India.

“A successful man is one who can lay a firm foundation with the bricks others have thrown at him.”

In 1906, he joined the Indian National Congress. He was an ardent supporter of the Hindu-Muslim unity. When he realized that by freedom, the Hindu meant 'Hindu Raj' he was greatly disappointed. Therefore, he left the congress and joined the All India Muslim League in 1913. He became the president of the Muslim League in 1934. In the Annual Session of the Muslim League in Lahore in 1940, the Pakistan Resolution was passed. Then he began to make untiring efforts for a separate homeland for the Muslims. The odds were against him. The Hindus, the British and a Section of the Muslims were against him. But he grappled with every problem. His aim was high. He soared like an eagle. He organized the party. The Muslims rallied round him. The hostile forces had to retreat. His efforts bore fruit and Pakistan emerged on the map of the world on the August 14, 1947. It was the day of his triumph. He became its first Governor General. But he could not make Pakistan as strong as he had dreamt because he died on September 11, 1948.

“You can do anything if you have enthusiasm”

Quaid-e-Azam was a weak and thin person. He had a dignified personality. He was a shrewd politician. He quickly perceived the evil designs of the Hindus and the British. He is guiding star for the Pakistanis. He always said “Work, work and work” and he himself acted upon it. He believed in “Unity, Faith and Discipline”. He is our national hero.

“MY HERO IN HISTORY”

“Greatness be nothing unless it be lasting”

(Napoleon)

Hero is a man of sky high personality with an exemplary character, distinctive deeds and ingenious ideas. He must be a man of exceptional qualities of heart and mind, unparalleled vigor, matchless genius and unique talent. He must possess the charismatic qualities of an inspiring leader to lead his people to their ultimate destiny despite whatever grave difficulties may hinder his way to success.

**“The hero is one who kindles great light in the world, who sets up
blazing torches in the dark streets of life for men to see by”**

(Felix Adler)

With his self-less and sincere efforts, he can mould the fate of his people. He is a man of determination, will-power, steadfastness and undaunted spirit. His charismatic personality stimulates the energy, courage and enthusiasm of the people and welds them into a nation. His words have power to inspire devotion and dedication.

Our history is full of all kinds of people. It is natural for man to love great men.

It is rightly said by *Carlyle*:

“All history is the biography of great men”

The great men are the men of exceptional qualities of head and heart. They have changed the course of history and brought their nations to the heights of glory. They are liked and loved as heroes.

Quaid-e-Azam was one of those great people who fought for the freedom of their nations. He is the founder of Pakistan. Quaid-e-Azam was born in Karachi on 25th December, 1876. He received his early education in a local school.

Later on, he entered into Missionary High School and passed the entrance examination. Then he went to England to receive higher education. After getting the degree of Bar-at-law, he returned home. The business of his father was not going so well, so he started practice in Karachi thinking that:

“A useless life is an early death”

Quaid-e-Azam shifted to Mumbai. At first his practice was not very successful. But he worked hard and became a leading lawyer. His work for his nation is great. He was badly shocked to see the poor condition of his countrymen. First of all he became the member of the Indian National Congress.

He believed that both the communities should work together for independence. But by and by, he came to know the narrow mindedness of the Hindus leaders. Then he realized that the Muslims and the Hindus could not live together in one country.

So, in 1913 the Quaid-e-Azam joined Muslim League. He worked very hard for the freedom of the Muslims. He organized the Muslims on one platform. He fought against the wicked Hindus and held talks with the British rule.

“Hero shows you how to solve problems yourself”

(Jet Li)

His enemies tried to purchase him but he remained resolute. He made a number of speeches and awakened the Muslims from deep sleep. He convinced them that they had to fight for their freedom from Hindus. In this battle many Muslims lost their lives but it is well said,

“Is death the last sleep? No! It is the Last and final Awakening.”

It was due to his wonderful efforts that the resolution of Pakistan was passed on 23rd March, 1940. It was in fact, the demand for Pakistan. The Quaid-e-Azam Muhammad Ali Jinnah showed great ability and tremendous courage in his struggle for Pakistan. His life long struggle was crowned with success on 14th August, 1947 when Pakistan came into being.

“Future favours the braves”

The Quaid-e-Azam became the first Governor-General of Pakistan and worked day and night for the progress of this country. He was an old man suffering from a dangerous disease which was making him weak day by day. The doctors advised him again and again to take complete rest, but he did not care for his own life for the sake of the fulfillment of his mission of life.

“A hero is someone who understands the responsibility that comes with freedom” (Bob Dylan)

Unfortunately, the Quaid-e-Azam could not live long after the emergence of Pakistan. He died on September 11, 1948. Muhammad Ali Jinnah was a tall, dignified elderly man. He was a model of sincerity. He had great determination. He was independent of opinion. He was a very wise politician. It was because of him that we got a new homeland.

“We may have thunder we may have rain But great men once departed, will never come again.”

[illegible]

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Essay: A Cricket Match

Nobody can deny the importance of sports and games in life. They play a vital role in building our body, muscles and nerves. Besides this, games teach us tolerance, dignity, endurance and other moral values.

William Wordsworth believes that "the child who is busy in his game is really haunted by the visionary gleams of remembered heaven."

There is a sensation and delight not only in playing games but also in witnessing them. We can see the spectators absorbed in the matches. The people can enjoy the games and forget the worries of life. The beginners can learn the art of games when they see the performance of the professionals. Matches are the events full of enthusiasm, zest and gusto. A match is the most exciting activity. Some matches are quite thrilling, sensational and full of suspense. Such matches are really enjoyable.

I also got a chance to witness such a match a few months ago. It was played between Pakistan and India, the two traditional rival. India was favourite in that match. The stadium was jam packed with the spectators. The umpires with two captains came in the ground. The Indian Captain won the toss and decided to bat first. Both the openers entered the ground, running towards the pitch circling their bats around. The commentary on the match, both in English and Urdu, was exciting and enjoyable.

In the beginning, the match was a bit slow in tempo. In the first ten overs, the Indian team could score only 50 runs for the loss of three wickets. The coming batsmen played well and they stroked a few good shots. Last five overs were the most exciting, for they scored 60 more runs in these overs. The total of the Indian team reached 268 runs in 50 overs for the loss of seven wickets.

After a short break, the Pakistani, team started its innings in a very confident manner. In the first seven overs, the Pakistani team easily scored fifty runs without losing any wicket. But in the 8th over Pakistani team lost its two wickets. But the captain of Pakistani team along with Umar Akmal played with great responsibility and they succeeded in achieving the target in 49th over. Pakistan won the match by four wickets. Everyone was very happy and some excited spectators ran towards the ground, some started leaving and some kept sitting to see the prize distribution ceremony. Umar Akmal was declared the man of the match, for scoring a brilliant century. In short, this match was very interesting and everybody praised the players.

“CRICKET MATCH”

**“Sports serve society by providing
vivid examples of excellence”
(George will)**

Games and sports are a great source of hilarity and recreation. They not only recharge us but also provide us vigour so necessary for life.

All work and no play makes jack a dull boy is a well-known maxim. Good health is a great boon. Only a healthy body possesses a healthy mind. A healthy man can work more competently and cheerfully whereas a sick man is a liability to his relations and burden to a society. The proper way to maintain good health is to play games so that our limbs which generally remain inactive during mental labour may have exercise.

**“Sports do not build character; they reveal it”
(Casey Stengel)**

Playground trains us for the battle of practical life which requires endurance to undergo its hardships. The captain learns how to lead others. A good captain possesses all the qualities of great leader. He inspires trust in the members of his team and has insight into their characters. As it is well said,

“Playground trains us for the battle of practical life”

Nowadays, games are playing a vital role in creating international brotherhood. Players from one part of the world visit other countries. They are unofficial ambassadors of their countries. They create curiosity among the foreigners to know the country to which they belong. Cricket is a very popular game of our country. It is full of great thrill, suspense and interest. It also develops in us discipline, sense of individual and collective responsibility, team spirit, sportsmanship and qualities of a commander. Everyone plays or likes to watch it in T.V. Its popularity is increasing day by day. Especially One-day matches are full of interest and amusement. Last month, I had a chance to watch a cricket match. The match was played between the teams of Govt. College of Science, Faisalabad and Govt. College, Multan on the smooth and clean ground of college. Our college was closed to enable the students to witness this match. It was full of thrill and amusement. There was a huge crowd. Many people came from distant places to enjoy the match. Both the teams were introduced to the chief guest. The match started at the fixed time. Our team won the toss and opted to bat. Both the openers of our teams were very experienced batsman. They were very confident and played well. As it is well said,

**“The more you sweat in practice,
the less you blessed in battle”**

They delighted us with brilliant boundaries and sixes. They scored 100 runs in 15 overs. But soon Tahir was out. He scored 58 runs. The players came one by one and delighted the crowd with their beautiful shorts. Students cheered and clapped loudly at every ball to encourage the players. At last, the whole team was out after making one hundred and ninety runs. The match was stopped for lunch. We also opened our lunch boxes to refresh ourselves. The ground was presenting colourful scene. Many boys were holding the flags in their hands to display their love for their teams

After lunch, the rival team started its innings. Both the teams were very cautious the openers were nervous. Both the players bowled very soon. They scored only ten runs in four overs. But, the next player played and scored well in twenty overs. The game went on steadily. The players were playing beautiful shorts and nice cuts. Our Captain changed the bowlers. The new bowler produced a fine spell and got the wicket. One by one, the players went to pavilion. The match was being played in a pleasant atmosphere. As it is well said,

**“One player practicing sportsmanship is
for better than fifty preaching it.”
(Enest Hemingway)**

**Never let a win get to your head, or a loss to your heart.
(Chuck D.)**

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Essay: My Ambition

*Breaking the prison,
I will fly,
Sky will be the limit,
High and high.*

It is always our ambition that determines our future life. Without an ambition life is like a ship which is bound for an unknown destination. To lead a successful life one has to be serious about one's future and should have proper plans for his coming life. That's why adoption of any ambition is necessary in life.

As any human being, I would like to be a doctor because I am deeply interested in the medical profession. I think that our country needs more and more doctors in order to provide proper medical facilities to common man. In my opinion the best way to please God is to serve fellow human beings. Man cannot get real happiness by amassing wealth by winning fame band by becoming powerful. Real happiness and contentment of heart comes through selfless service to mankind.

The nobleness of purpose and service to the humanity are the true objectives of all professions, followed in the world. The ultimate utility or service is the centre on which all energies and facilities are drive, which results in the mutual benefit of all human beings. From the daily observation, it is crystal clear that a doctor has ample opportunities of serving the weak, poor and disabled human beings. Through his self-less efforts he can give joy to the sick people.

A student has to put heart and soul into his studies, and especially a medical student has to pour all his physical and mental faculties and energies in his subjects in order to achieve respectable marks. Without really good marks, it is next to impossibility to get admission in a medical college. God willing, I will pass the medical examinations. After that I will try to do specialization in that field which is the need of hour. In this way I will be able to help people in the best possible manner. My ultimate goal is to be a heart specialist.

After becoming a doctor I would devote myself totally to the benefit of humanity. I would not hesitate to serve in rural areas as I think there is a great need of doctors in far flung areas. Having chosen the path of future, I would judiciously and thoughtfully devote my time, energy and all my means to fulfill my desire. It requires great patience, perseverance and sacrifice. My dream can only become a worthy accomplishment by staying awake and working hard. The achievement of one's objective and aim is not always a smooth sailing. One cannot discover new seas unless he has the courage to lose sight of the shore. I pray to God to help me in getting my ambition.

*This is my ambition,
And this is my aim,
To attain excellence,
Power and fame.*

“MY AIM IN LIFE / SOFTWARE ENGINEER”

Technology is the greatest achievement of mankind. It has constantly been evolving, each time making us a more advanced species.

Children from a very small age are frequently using electronic gadgets. They play, explore and know every single working operation of their favourite phones and laptops. So naturally, many love to learn, study and are curious about the inner workings of computers.

Career options these days not only are far more exciting but bring in quick and tremendous success. The most favourite and trending job of the world today and especially in our country is Software Development. Due to this passion of Indians towards the profession, multiple technological companies have set up camp here giving jobs to hundreds and thousands of people every day. This industry constantly attracts young students who are big technology enthusiasts.

What attracted me towards this profession is the fact that I love technology. It excites and intrigues me beyond words. Apart from this, I love competing with my peers. I want to grow in the corporate industry which will give me the opportunity to compete and receive great respect and admiration from my friends and family. But most of all I like to code. I find it very challenging and fascinating. I like to write the best code with no errors. I have always understood and enjoyed coding lessons. I have always wanted to work in a big multinational company and earn extremely well. I want to be on par with today's world by learning about new technologies.

By getting the best grades, I will go on to study in a top college so that it will be easy for me to get placed in the biggest company even before graduation. This is what makes this profession so easy. You have a job in your hand even before your final exams. Life will be set. Being a software engineer will make my parents proud. They love to read about new companies and new technologies in the newspaper and to see them on TV. They will be proud to know that I'm associated with a top company and am making them proud. By earning well, I want to fulfill all their wishes and desires. The independence and confidence that the job gives will encourage me to put in my best efforts so that one day I may even take on key managerial positions.

I aspire to choose this very bright career option because it is very easy to become a Software Developer/Programmer and it brings quick success, wealth and a glamorous life. But it also requires passion and a keen interest towards coding which I possess. People who find coding very dull should not choose this career path.

The job role requires you to spend hours sitting down at a desk and apply your analytical and reasoning skills nonstop to write lengthy pieces of error free and reliable code to develop software programs. There are various programming languages and related fields that you can choose from and gain expertise in order to find a job of your preference. India is famous for giving the world a lot of software engineers. CEO's of technology giants like Microsoft, Google etc. are all Indians. We have contributed significantly to this field. Sadly, today Software Engineering has become a profession chosen by people merely for the glamour and label and not for the actual work.

Students are forced to choose it as their profession even if they don't want to since everybody wants their children to become software engineers. They are judged on the basis of grades, percentage and bookish knowledge and not by talent. With too many Software Engineers graduating each year, the profession has lost its charm and face value.

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[Page # 2]

Essay: Sports and Games

Sports and games are very important for us. They keep us healthy and fit. They offer us a change from the monotony of daily life. It is a useful means of entertainment and physical activity. Sports and games help in character building. They give us energy and strength. Sports and games are means of mental and physical growth. During sports we come to learn many things. We learn how to maintain mental balance in the midst of hopes and despair. They make us learn how to tackle the difficult situation. Sports develop a sense of friendliness. They develop in us team spirit. They help in developing mental and physical toughness. They shape our body and make it strong and active. They give us energy and strength. They remove tiredness and lethargy. They improve blood circulation. This improves our physical well-being. Sports and games improve our capability. They improve our efficiency. Either study or work alone makes us exhaust. We remain no longer efficient to do any work. Sports remove our mental exhaustion. Sports are integral part of education. Education without sports is incomplete. Keeping their value in life, children are taught some sorts of games in the very early stage in school. These days' sports are a part of academic curricula. Sports are particularly important for the youth. They help in their physical and mental growth. They contribute in the formation of character. They inculcate in them good values. It is therefore, sports competition is held at school and college levels. The students who perform well in this competition are promoted to play at the national and international level. Thus sports help in career growth also.

Sports and games give us opportunity to grow in life. These days' sports have been commercialized. They have become a good means of earning. The sports person who does well in sports is showered with name, fame and wealth. He becomes a hero overnight. Sports have great potential to offer career opportunities. So we should take them very seriously from the very early age of our life. Sports are good means of earnings. Sports offer opportunity to prove talents. Thus, sports have great value in life. Sports facilities are being developed in rural and semi-urban areas. There are playgrounds in villages. Sports infrastructure are being developed everywhere so as to promote them. Various sport organizations are also doing well in promotion of sports.

2. SPORTS AND GAMES

“All work and no play make Jack a dull boy”

Sports and games are very essential for character training. Their importance cannot be denied. They are indispensable for the body like food grains and fresh water. Knowledge is the food of mind, music is the food of the soul and games are the food of body. Games and sports keep us active, alert and smart and enable us to perform the arduous duties of life.

نعم يافيه "A sound body has a sound mind".

The advanced countries are attaching special importance to games and sports. They allocate a lot of budget for them. They consider them an essential part of education. The lesson in the classroom do not have as deep and lasting impression on the character as that learnt in the playground. The reason is that lessons learnt in the classroom have only theoretical importance. On the other hand, the lesson learnt in playground has deep practical importance.

“A healthy mind can realize God.”

Hazrat Ali (A.S) The 4th Caliph of Islam

Games and sports create the spirit of sportsmanship. Both the winner and the loser have to accept the results. When a player wins, he is not proud. When he loses, he is not fallen, because games teach us the lesson of patience, endurance, loyalty and sacrifice.

“Games and sports widen the mental horizon of players and make them true followers of the law.”

Sports and games built up the character of students. They make them disciplined, punctual, regular, active, helpful, dutiful and trustworthy. They also learn how to obey and how to order others. They learn respect for the rules of life.

“Sports do not build character, they reveal it.”

(Games and sports include hunting, fishing, riding, cycling, boating, football, hockey, cricket, tennis, badminton, walking, jogging, jumping, swimming, rowing, wrestling, boxing and gymnastic. They refresh the body as well as mind of the player. They make them healthy and strong.) The students realize the maxim, “A sound mind in sound body”. In order to keep our body healthy, games are necessary because health is wealth. Loss of health means loss of wealth. That is why nearly all schools and clubs hold athletic contests and different games like football, hockey, cricket, tennis, badminton and table tennis.

1. MY LAST DAY AT SCHOOL

“The true art of memory is the true art of attention”

It was 20th of February. We had completed 10 years of schooling. During this period we made sincere friend and had associations with many people. But the day of separation from these friends and the school had reached at last. The students of 9th class had arranged a farewell party in our honour as we had done a year before. I was both happy and sad on that day. I was happy because there was no lecture listening that day. There was no fear of reciting the lessons, learning grammar and other difficult science subjects. I was sad that the bond of life long association was going to break. We were to lose our dear friends and teachers.

“Sometimes you will never know the true value of the moment until it becomes a memory”

All of us along with the 9th class sat in the big hall. The teachers and the principal also joined us. On that day, they were very kind and loving. Mr. Hamza recited the Holy verses from the Noble Quran. A student from the 9th class delivered a farewell speech. After him, our monitor also delivered a speech offering thanks to the 9th class. In the end, the principal made a memorable speech. He/ she gave us many useful and practical pieces of advice. He/ she told us how to attempt the paper and finish it well in time. He/ she appreciated our behaviour and performance in curricular as well as co-curricular activities. The principal and the teachers prayed for our success. The 9th class had arranged a variety show and cultural programme.

Then we were invited to refreshment. We were served with sweets, ‘samosas’, fruit chat and tea. The fruit chat was very tasty. Everyone was demanding more and more.

“We don’t remember days, we remember moments”

Now it was afternoon. The 9th class bade us farewell formally. Before leaving school, I decided to cast a last glance at the school. I went to visit the library and the science laboratory. I remembered the happy hours spent there. I was lost in them, when _____ shook me and we started to the gate. My mind was crowded with the thoughts of my friends and kind and loving teachers and sympathetic headmaster/ headmistress.

“We must always have old memories and young hopes”

Essay: My House

"The first indication of domestic happiness is the love of one's home."

(Montlosier)

How truly the poet has said, "Home, home, sweet home, there is no place like home." The very word 'home' stirs up a train of emotions in us. No doubt, a house is an important necessity.

My house is situated in a wide and spacious lane in the heart of the city. It is a very commodious and has an open square courtyard. It is a spacious two-storey building made of brick and stone. The outside is plastered and the walls inside are all white-washed. It has a tiled floor. There are about ten rooms, six in the first floor and four in the second floor.

The house is open on the two sides, and hence it is well-ventilated and quite airy — a rare thing in a city. There are several windows as well to let in light and air. The kitchen is quite separate so that the smoke does not go to other rooms at all. The two sitting rooms in the ground floor are well furnished.

A green front lawn and a garden in the rear of my house are particularly fascinating and charming. The soft tidy and trimmed lush green grass of the front lawn looks like a green velvety floor. In the back garden of my house, there are mango, lemon, orange and banana trees. They bear plentiful fruit. There bloom flowers of different colours in the front lawn and the back garden of my house.

I have planted a few fruit trees in my house. There is an adequate growth of vegetables in the backyard of my house. Our need for fruit and vegetables are wholly met from my backyard lawn. I am really proud of my garden which is admired by all who visit my house. Whenever, I am much tired of my monotonous routine work. I just go to my beautiful garden and lie there on the lush green grass in the middle of the blooming flowers of different colours that greatly enhance the beauty of my garden. The sweet fragrance of the flowers fills my nostrils and I feel very active and smart again. I see beautiful chirping and twittering birds and hear their sweet melodies for some time. At that time, I forget all the tensions, cares and worries of life.

Ours is a small and happy family, where every member is considerate of the needs and comforts of others. We all share household work too. We share all that we enjoy or suffered during the day.

"Home is the resort of love, of joy, of peace and plenty, where supporting and supported, polished friends and deserted relatives mingle into bliss".

(Thomson)

"My house to me is the best place in the world, where I live with my mother, father, a brother and a sister. I have also become so used to living in it that now I don't really feel comfortable anywhere else. I have a lot of association with it, for I have spent my childhood in it."

"Every house where love abides and friendship is a guest, is surely home, and home, sweet home; for there the heart can rest".

(Hanry Van Dyke)

3. MY HOUSE

“Houses are built to live in, not to look on”

The house of one's own is a blessing of Allah. It provides shelter and security. Every animals and birds like to return to their houses in the evening. The reason is everyone feels peace and comfort at the house. That is why, it is often said

“East or West, home is the best”.

My house is the best to me in the world. It is near my school. It is very spacious. It has two storeys. It has eight rooms, a drawing room, a dining room, a kitchen, a store and four wash rooms. It is fitted with electricity. All the rooms are neat and clean. It has a porch too. A passage leads to the porch from the main gate.

Four rooms including the drawing room are carpeted. Each room has some chairs and a pair of sofa sets. There are beautiful pictures of natural scenery on its walls. There are the portraits of our late forefathers on the walls.

It stands a little back the main road. So it is out of access of din and noise of the traffic. It is at the corner of the street. Therefore, it is well-lighted. Every room has windows and ventilators. It is white washed and painted every year. Very nice people live in our neighbourhood. No one ever complains against the other. My father got it constructed when I was a child.

“It takes hands to build a house, but only hearts can build a home.”

There is a small garden in the big courtyard of my house. My father is keen for the fruit trees. My mother loves flowers. She has grown flowers in the flower-beds in a long line. She looks after and preens those flower-beds daily. I assist my mother in it as I also like flowers. I do not like anyone to pick flowers from there. We take every pain to keep our house neat and clean.

“It's the love of a family that makes a house a home”.

Essay: A Rainy Day

"Nature, like man, sometimes weeps for gladness"

"Vexed sailors curse the rain, for which poor shepherds pray in vain"

Last year, I really enjoyed when the first day of rainy season brought monsoon. It was 25th of July. Gasping people got big relief. The temperature had risen alarmingly. Newspapers carried reports of deaths due to heat-stroke. A night before, it had been very hot and humid.

On the first day of the rainy season, the sun was shining and the earth was burning. It was a dazzling sunrise. Surprisingly enough, the wind rustled through the swaying tops of trees. The scene was simply splendid. The heat was gone in no time. I saw the rolling mass of black clouds across the sky. There was a flash of lightning. The thunder roared. Large raindrops began to fall. The dry earth sucked them as they fell. In no time, streets turned into streams. The walls were drenched. Tree-leaves sparkled in glee. Birds became chirpy. There was pleasure among people. Everybody became excited and sporty. Low-lying areas were submerged. The old and the young alike ran up and down the flooded streets.

It rained for about two hours. Light vehicles broke down on the way. A rainbow appeared in the sky which added the beauty of the atmosphere. To me, the whole day was a whole life.

Essay: Libraries

The word library comes from the Latin word "liber", meaning book. A library is, as everyone knows, a room or building in which a well-arranged collection of books, CDs, newspapers, gramophone records, etc. is kept for reading or reference. Nowadays, every school has its library. School libraries are small indeed, when compared with the well-equipped public libraries that are to be found in some of the bigger towns like Lahore and Karachi.

There are libraries which allow their members to borrow books; these are called lending libraries. There are others which do not lend books, but permit their use to members in the library premises. Some libraries are free and open to the public; others charge a fee for the use and loan of books and periodicals.

Libraries are a great blessing, especially to the poor and the middle class people who cannot afford to buy all the books they would like to read. As members of a library paying a small subscription, they can get the profit of borrowing such books.

Fifty years ago, the number of the people who could read books was comparatively very small in number, but this number is much larger today. The new taste for reading can be satisfied and the hunger for more knowledge is relieved by libraries.

In some of the bigger towns there are special libraries for children. In these, just the kinds of books and games that interest young people are to be found. Such institutions are very helpful in creating love for reading in children. Interest in books aroused at this age is sure to last through all one's life.

The library is sometimes called "the memory of the human race". A library is the meeting place for the ideas and words of people who have helped to shape the development of the world. A library is also a place where the experience of the past can meet the needs of the present. It gives you the key to the treasure house of knowledge.

Like Southey you claim:

*"My days among the dead are past.
Around me I behold — where these causal eyes are cast,
They mighty minds of old; my never failing friends are they,
With whom I converse day by day."*

Essay: A Scene at the Railway Station

A railway station is a crowded پُرجوم and noisy شور و غل والا place in a big city. The rail-tracks ریل کی connect different towns and cities. The train is drawn by the heavy and powerful engine and it stops briefly مختصر وقت کے لیے for the passengers مسافروں at railway stations. It is overcrowded with people.

The platform is full of passengers. There is a great hustle and bustle all around. There is an immense fever and fret for some passengers because the prospect of the long and arduous journey hangs heavy on their nerves. Some people are sitting on benches while others are walking here and there. The children are the most excited creatures. They look at the colourful اشتہارات advertisements. There are many stalls of fruit, tea, books and magazines. The vendors خوانچہ فروش do roaring دھوم دھام سے business کاروبار. Hawkers rush from one door of the compartment to the other to sell newspapers, journals, knick-knacks etc.

When the train arrives at the station, people rush to their compartments bumping into one another. Some pick their way politely. Every person tries to get into the bogie first. The train stops for a few minutes. Then the guard blows the whistle سیٹی بجائی and also waves a green flag. The train starts moving slowly. After this, the scene at the railway station wears a deserted and desolate look.

“MY HOBBY”

It is a well said:

“An empty mind is a devil’s workshop”

Today, Man lives in a world where struggle and effort is necessary for survival. He has to toil from dawn to dusk. Physical and mental exertions leave him utterly exhausted and enervated, after the whole day's work. The constant drudgery of daily routine life rusts his talent and efficiencies. He needs some pleasant activity to lighten his burden of monotony. He needs leisure and idle hours to soothe his perturbed feeling and troubled soul.

Hobby is a useful work which is done in spare time for pleasure without any monetary benefit. This occupation is quite apart from the regular profession. It is pursued only for recreation. After hard labour, hobby provides us a cheap source of entertainment and amusement. It saves us from the dull routine of life. It gives us an activity when we have nothing to do. *W. H. Davies* says:

“What is this life if full of care, we have no time to stand and stare.”

There is no dearth of hobbies in this world. People adopt different hobbies according to their own taste and temperament. There are many hobbies like gardening, stamp - collecting, coin - collecting, photography, pen - friendship, reading books etc. Gardening is my favourite hobby. *Francis Bacon* in his essay "**of Garden**" says:

“God Almighty first planted a garden.

And, indeed, it is the purest of human pleasure.”

Thus this hobby of mine is an ultimate source of joy and pleasure for me. I want to relax after a day's hard work. Gardening makes me forget my worries and refreshes my mind. It refreshes both my body and soul. It breathes new life into a lethargic and lazy body. Therefore, it is a felicitous activity to refresh body and brain. For this purpose, I have made a very beautiful lawn in front of my house.

“From the gardens of plants do I move towards the gardens of inner joy?

The flowers dance on leaves. And ideas dance on heart beats and mind.”

In the garden, I have planted mango, orange, guava and banana trees. There, I grow flowers of various kinds like rose, lily and sunflower. The sweet fragrance of flowers gives me a great pleasure. They present a colourful and vivid scene and spread a sweet aroma all around. There is always something fresh before my eyes. It keeps me healthy, happy and fresh for the day's labour.

Luther Burbank says:

“Flowers always make people better, happier and more helpful.”

The whole atmosphere at home is fragrant with the aroma of the flowers. They yield fruit in their seasons. Green fruit trees and lush grassy lawn adds colours to the surroundings. The clean brown soil of the beds of flowers presents a sharp contrast to the lush green grass of the garden.

The beautiful verse of *John Keats* is:

**“Ah, happy bough that cannot shed
your leaves, nor ever bid the spring adieu.”**

A little fountain has been built in the heart of the lawn. When it sprinkles its light shower, it looks fascinating. Then the water of the fountain flows to the beds of flowers and trees. Briefly speaking, the lawn and the garden of my house are so attractive that they are the persuasive proof of my devotion and dedication to my hobby.

Robert Brooke said:

“And in my flowers beds, I think smile the carnation and the pink.”

There is adequate growth of vegetables in the compound of the house. Therefore, we seldom purchase any vegetable from bazaar.

I have the tools of the garden. I have to do a lot of work with my hand. I prepare the land and manure it. I water my plants regularly and protect from the extreme weather. I have prepared many beds in it.

***Douglas* says:**

“Earth is here so kind that just tickle her with a hoe and she laughs with a harvest.”

Gardening is my passion. It inspires me to do something new. With every new flower, there is a new happiness. I keenly observe the process of growth and decay in nature and praise the majesty of God. My hobby, gardening keeps me in touch with nature and God.

Therefore hobby is interesting pursuit through which a person derives pleasure, recreation and amusement in his leisure. My hobby reveals me of the monotony and melancholy of mind!

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"HEALTH IS WEALTH"

We always hear about health is wealth but never try to think what is health. Health is not the state of being fatly, fleshy, weighty or plump. It is the state of bin physically and mentally well and having the ability to work and labour to the utmost.

Those who are plump, too heavy and too weighty are suffering from obesity. Obesity is a handicap and a disease. It restricts prompt movement. It brings many ailments. The particles of fats circuiting with the blood block the coronary arteries and cause sudden death. A fat man is always prone to have diabetes, fatty, liver, fatty heart or hypertension.

An unhealthy man is unable to work and it is work that brings joys in life. Always lying in bed makes life dull, monotonous and Un-interesting. Such a man lives at the mercy of others. Ills in-activity keeps him devoid of the real pleasure the pleasure of work and an active life. I have seen gloomy and unfortunate persons who yearn for moving a little distance only but this pleasure has been refused to them for not taking care of then health.

A healthy man enjoys life with his wife, children and friends. He enjoys his simple but hearty meals and cats what he can endure. An unhealthy man is devoid of the pleasure of a good and satisfying meals. Those who suffering from stomach ailments like heart-burn, indigestion, gastric or pyloric ulcers cannot enjoy food. One suffering from carcinoma of throat, esophagus or stomach yearns for solid food.

Health is a gem and must He taken care of if health is lot no fit can purchase it, no authority can restore it and no prayer can bring it back if health is lost life becomes a burden. Tired of their ill health people cento suicide. It is cowardly to kill, no doubt, but life in such a person becomes unendurable.

An apple a day does not keep a doctor away in practical life. To keep a doctor away one must do ample exercises, eat simple but wholesome food, sleep soundly and take all precautions to remain free from ailments. Early rising early going to bed, working honestly doing regular exercises and living a natural life will keep healthy and prolong life.

Essay: My Hobby

A hobby is a pleasant work which we do in our spare time for pleasure and recreation and not for income.

Stamp collecting is quite a hobby

A glance into world history

Researching another country

Uncovers so many mysteries

My hobby is stamp collecting. It is a very cheap and interesting hobby. It is creative and informative. I adopted this hobby when, once, I saw beautiful stamp — album with a close friends of mine. Since that time, I have prepared three albums of my own. They contain six hundred stamps of different countries and different times.

I do not have to spend much on my stamps. I usually get stamps quite free of cost from my local and foreign friends through correspondence. I buy new stamps issued on special occasions. I have friendly relations with the postmaster of my colony. He often supplies me with a rich variety of stamps. The rare ones I buy from the market — stamp sellers' shops. My stamps have improved my knowledge of history and geography to a great extent. They open before me a vast world of past and present. I often makes notes about the ceremonial stamps of some countries.

I enjoy the stories they tell

With description on every one

They go Way back in time

When stamps had first begun

Stamps tell me the stories of old times, old people and old places. They provide me the glimpses of old events and incidents, old Kings and Queens, and old Kingdom and countries. I can have images of old England, Germany, France, Russia, America, China and old British India. My stamps unfold to me the pictures of strange birds and beasts, banners, and buildings which I can never hope to see in real life.

My stamp albums tell me the stories of man's achievements and inventions throughout the centuries; I usually resort to them in moments of dullness and depression. A single look at them makes me fresh and cheerful again. I feel refreshed, revived and recharged to fight the daily battle of life with new zeal and zest.

It is said that good stamp — album serves the purpose of a museum, a zoo, a library and a picture — gallery. It is a great source of inspiration and information. It is a panacea against the boredom and monotony of life. I think it is better to live in the company of stamps and known international events than to move in company of friends.

So if you'd like a hobby

You might give this a chance

Yes, stamps hold fascination

With their mystery and yes, romance!

Essay: Courtesy

"Courtesy costs nothing but pays a huge dividend" is an apt maxim which has been guiding mankind through all the stages of civilization. **"A man without a sense of courtesy is an animal with human form."** says the great essayist and moral teacher, Francis Bacon. Courtesy means gentle and polite behavior in dealing with people in our day to day life. It is an act of civility and good manners. Courtesy is a great virtue in a man's life. Courtesy demands one to be modest, tasteful and decent in his talking to and behaving with others. Courtesy is the gift of treating others with warmth and respect. It means according dignity to people by being considerate, responsive, and kind in our dealings with them.

There are numerous instances of showing courtesy to others very simple and easy causing you absolutely no difficulty on strain. For example, giving your seat to a lady, an elderly or disabled person while travelling in local transport or waiting for turn at some other place, saying "Thank you" and "Please" when being favored or while asking for favor, cost nothing but has a tremendous impact on the other person. These small civilities and little acts of kindness make human society a better place to live. **"Small kindnesses, small courtesies, small considerations, habitually practiced in our social intercourse, give a greater chance to the character than the display of great talents and accomplishments."**(M. A. Kelty)

Courtesy costs nothing but pays a lot in return. A Courteous person is liked and loved by all. This type of man remains very popular among his friends and relatives. Everybody has willingness to help him in the time of need. These well behaved courteous people are the foundation of good society and nation. But these days the number of this type of people is less. Most of the people whom we come across everyday are generally arrogant, impatient and self-centered. They neither love other nor are loved by any of them. That is why our society is suffering a lot from ill antisocial activities. This situation can be improved only through good manners and civility. Courtesy creates great atmosphere of living with coherence.

"Courtesy is the science of the highest importance. It is like grace and beauty in body, which charm-at first sight, and leads onto further intimacy and friendship." (Montaigne)

Essay: A Hockey Match

There is a sensation سنسٹی and delight خوشی not only in playing games but also in witnessing دیکھنا them. We can see the spectators absorbed in the matches. The people can enjoy the games and forget the worries of their life. The beginners can learn the art of games when they examine جائزہ لینا the performance of the professionals.

I was delighted to witness a hockey match between Pakistan and Germany at the National Hockey Stadium recently. The players of both the teams showed qualities of strength, speed, stamina برداشت, agility پھرتی and mobility until the final whistle.

At 5 p.m., the rival captains led their teams on to the field. The captains walked up to the two umpires in the centre of the field for the toss. The German team lost the toss. The Pakistan team therefore took the side of their own choice, for the 1st half of the match. The Germans dominated in the beginning but the Pakistani players fought back and coordinated remarkably. The Germans made strong attempts کوششیں but our goalkeeper made spectacular جارحانہ saves.

After half time, the Pakistani players made a lightning attack at the Germans goal, and within a minute of the resumption دوبارہ آغاز ہوتا, were leading by one goal to nil. This infuriated غصہ the Germans, and they went all-out to score the equalizer after a number of well planned moves on their post. They were rewarded with a goal. It was made by their Outside Right with such a powerful hit that the ball hit the net of the goal.

Only a quarter of an hour was now left, unless overtime had to be awarded. The game became very fast now. Both sides appeared to be determined مصمم ارادہ ہونا to win. Two minutes from the time, the centre forward of the Pakistani team made a brilliant goal.

With less than two minutes of the play left, there was little possibility امکان of the Germans equalizing the score. They fought hard to the end. The final whistle gave the victory فتح to the Pakistanis.

The crowd went wild with joy at the victory of Pakistan.

"ROLE OF MEDIA"

Irrespective of geographical boundaries the world has turned into global village because of media and communication. The technology is the bigger aspect that has promoted it more. Now a day's media has a great role in our life and that has been increasing day by day. Every person in this world is surrounded by media. Electronic media means television, radio, computers etc.

One is the most vital role of media as a television of our life, the level of awareness among the youth of Pakistan is more than the other countries. As we know media is a tremendous source for knowledge. Pakistan has round about 80 to 100 news channels that is the mine thing that increases more awareness in our youth. If we compare our youth understanding level with American youth we will feel the difference because there only 2 to 3 news channels. This is in every field especially in political discussion. Awareness is very essential and it can easily get by the electronic media news. Youth should promote the awareness of very thing through this mean because it is the best way.

Second is the most essential role of media as a computer / internet of our life, who spend too much time on social sites, or who take the abuses of online bullies seriously on the sites could have some issues. For parents, even those of teenagers who are 16 and 17, it is important to watch to make sure that social media sites do not take over the lives of children. When used appropriately, it can be a very good thing. Media has had a bad effect on a generation, mainly because ,youth is strongly influenced by media. Teenagers and children wish to follow the people ,who get recognized and do what they do to get noticed. Sometimes, they focus on bad part of the media and strive to be a part of it. However, many are not succumbed to a life of crime.

Moreover, media can be use as healthy activity which includes education researches, technologies and other things so that young generations can easily adopt that and can get information from them. Media news channels are bringing up the programs like Apprenticeships and Dragon's Den for the young generations to come up and bring out some innovative ideas. They have started a program "Khabar Nak" which is playing a very vast and vital activity to refresh the mind of youth. The ways in which they tell and discuss news is quite a funny and having a great sense of humor & then provide their analysis about the news and also tell the influence of that news on the people. Another big example is Pakistan idol.

The Electronic media news is source of entertainment also. Media broadcasting has introduced the new way of casting news. The news is tell in a different manner that people especially youth can take interest in the

news. They have used a funny manner and also highlight the news in such a manner that which become attention seeker. We have a clear example of GEO TEZ. Youth like to watch this news channel.

The media affects people's perspective. Too much intervention of media in everything is a matter of concern. Media can be considered as "watch dog" of political democracy. I believe, if the media identifies its responsibility and work sincerely and honestly, then it can serve as a great force in building the nation.

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8. My Favourite Book

“Books are uniquely portable magic”

Books are a wonderful blessing. They provide us guidance in the difficulties of life. They console us in distress. They are the best companions of loneliness. No doubt, books are a valuable treasure. But all are not favourite. I have studied books on religion, politics, literature and many other topics. All of them are good but the best favourite of mine is the Holy Quran.

“The Quran is the only Book where the Author is in love with the Reader”

This is not written by a man. This is the word of Allah. Allah himself is its Author. This is revealed upon the last Prophet of Allah Hazrat Muhammad (SAW). The miracle of this book is that it is the most widely read and most easily memorized book of all. Even a small child of seven or eight years retains it. It is the same as it was revealed. No change has occurred in its word, message or meaning.

It is written in the Arabic language. Owing to its blessing the Arabic language has also become very vast and ever fresh. It is written in half-poetry and half-prose. Its language is very forceful. Its message is very appealing and practicable. It provides guidance to all the people of all the areas of all the ages. It can meet the challenges of all the times. The words in Quran are as follows:

“And Allah found you lost: and guided you”

It is complete code of life. It covers all the aspects of human conduct and behaviour. It tells the stories of the defunct nations in order to give us a lesson. It also tells us about the world hereafter. The Muslims recite it daily. Allah is pleased with its recitation. He awards us goodness against each of its alphabet.

Both the Muslims and Non-Muslims study it for guidance. It provides not only religious knowledge but also knowledge of science and physical world. We should study it, understand the meanings and the message get guidance from it and act upon it. May Allah help us!

“A book is like a garden carried in the pocket”

Essay: True Muslim

A true Muslim is one whose likes and dislikes are subservient to the choice of Allah and His Apostle — Obedience to God and His Apostle is the key-note of his life. Trust and complete faith in God and unconditional obedience to His commands are his significant signs. The basic requirement of the Islamic faith is that the Quran and the Sunnah should determine every course of action in the life of a true Muslim. Whosoever recites the Kalima "There is no god but Allah and Mohammad (P.B.U.H) is His Apostle", is openly admitting the suzerainty in all his life affairs.

Unlike others, a true Muslim is the custodian of very high principles which he is honour-bound to guard. He can defend and guard these principles only by acting upon them even under most discouraging circumstances. He stands fast and unwavering like a rock in the midst of most vehement (fierce) currents of opposition. He tolerates every bitter ordeal for the sake of Islam and did not deviate from his loyalty and love for Islam. No prejudice, no trick, no passing wave of love or hatred can persuade him to deviate from his high moral principles. Not even blood relation can press him to flinch (draw back) from the divine course for which he had dedicated his life and all his worldly means of sustenance. In the battle between righteousness and evil, he will not hesitate to hit even if his son or father is siding with evil.

It is the moral obligation of a true Muslim to readily lay down his life in support of righteous cause. Regularity, tactfulness and punctuality are the important features of true Muslim's character. Islam, as a creed, gives a complete code of life which a Muslim has to keep before his eyes during all hours of a day and night. He gets up early in the morning to join the congregational prayer in the mosque. He goes to bed well in time at night to ensure early rising in the next morning.

The quality of humility, forbearance and accommodation is an essential factor of the character of a true Muslim. Likes and dislikes play no role in the life of a true Muslim. He likes all injunctions and prohibitions which are from God and His Holy Prophet (P.B.U.H).

In short and brief, no friendship, no lust for power or property, no sense of greediness and no love of worldly gains will influence his course of action in favour of the forces of evil and against the forces of good and virtue. Guidance of God and His Prophet is sufficient to determine his day to day activity.

According to Allah, a true Muslim is he who devotes his life to Allah's service. His faith is firm and resolute. He always practices piety; and he is loyal and patient. He fears only Allah lest he should transgress the divine precepts unawares. He is liberal in charity. He keeps the days of fasting and abstains from fornication. Moreover, he continually calls upon his Allah.

Scrupulously, a true Muslim observes his Islamic duties and the times of prayers. He closes his hands neither too tightly and opens to nor too widely. He stands firm in adversity and calamity. He is sincere in bearing witness or in giving evidence. He does violence to no man. He boasts not himself vain gloriously nor shows himself haughty in the world.

A true Muslim holds himself far from the pumps and vanities of this world. He is modest and shamefaced in bearing and conduct. He honourably guards the deposits, confined to his

care and faithfully observes all his promises and engagements. He meets evil with good and conquers enmity with generosity. He is faithful to his obligations and duly performs his duty. He keeps himself within the bounds of law and justice. A true Muslim, therefore, remains faithful to the cause of Islam and keeps on doing good to his fellow human beings.

Essay: Health

**"Nor love, nor honour, wealth nor power,
Can give the heart a cheerful hour,
When time is lost. Be timely wise;
With health all taste of pleasure files."**

A great miracle is the man and there is nothing more wonderful than to be healthy and happy. A healthy soul resides in a healthy mind and a healthy mind resides in a healthy body. This is not a myth or a fantasy but a scientific fact. In the recent years, the scientists have stated that in general a healthy body has 20% more active brain cells than the unhealthy. Therefore, a healthy person leading a more active life, is more vigilant, sharp minded, intelligent, happy and successful. **Francis Bacon truly said,**

"A healthy mind is the guest-chamber of the soul; a sick, its prison".

Good health is a precious gift of nature to the mankind. It is like the sun, which dispels darkness and imparts happiness. It provides freshness and refreshing energy to others. A healthy person is most welcome in the society.

"Health and gaiety foster beauty".

There is a well known proverb "Health is better than wealth". We don't realize the value of good health and do little to maintain it. It is only when we become ill, then we realize the worth and value of good health. It is well said,

"Health is not valued till sickness comes". Thomas Fuller

It is our duty to maintain the wonderful and miraculous machines, called the human body. It is more versatile and complex than any other machine or living being. The primary requisite of the body is a healthy and balanced diet. Our body needs at least 2200 calories everyday in the form of cereals, pulses, milk, fruits and vegetables. The food must provide essential nutrients.

A.B. Cheales says: "Diet cures more than doctors".

Sports and daily exercise are also very important as these give proper shape and physique to the body. It builds stamina and confidence and inculcates the sportsman spirit. The body needs rest and recreation. Open air activities, like jogging, swimming, running, playing and yoga provide active exercise and recreation. These activities supply blood to the body and keep in good shape. The yoga, as the name suggests is a total process. It is a unique way to shape up the body, sharpen the mind and control the senses. This exercise lays emphasis on discipline, hygiene and cleanliness as the pre-requisites, Yoga can be practiced even while working, meditating or sleeping by maintaining proper posture.

Health paves the way towards success and wealth. It helps in the development of a radiant and cheerful personality. In the modern world of machines and commerce, urbanization and pollution, tension and rush, the man is losing touch with the nature. He is living an artificial life with serious ailments, sickness and diseases. He is trapped between drinks, drugs, pollution and problems. It is necessary that there is an awareness and awakening for health, nature and peace.

Worry and tension are bad for health. Body and mind go together. A healthy mind is a mind free from tension, anxieties, cares and worries, selfishness, jealousy and anger. Sleep is also necessary for health. It restores the energy of our body lost while working. Sometimes staying at one place, years in years out tends to make us weary and stale. It is clear signal that what we need is a complete change in our environment.

Essay: My Favourite Book

Open a book and you profit by what you read. (Chinese Proverb).

Rushkin, called books, "Kings' treasures": treasuries, not of gold and silver and precious stones, but of knowledge and wisdom. They preserved the great thoughts, the beautiful imaginings, the wise counsels and the accumulated knowledge of past ages. Kings keep their treasures bolted and barred and guarded; but the treasuries of knowledge are open, to everyone who has the key and the key is simply the ability to read and desire to learn.

Books are really a source of knowledge. They soothe us in sorrows and solace us in sadness. They are invaluable assets for humans. They are sincere companion in solitude and seclusion. Our character building depends mainly upon the right selection of books. It is truly said:

"A good book is a life blood of a master-spirit, embalmed and treasured up on purpose for a life beyond."

(John Milton)

To be favourite means to be one's after heart or the desert to someone. Though I like many books but my favourite book is the Holy Quran. I have my own reason and consideration for this Holy Book.

Some books are to be tasted, others swallowed, and some few to be chewed and digested (Bacon)

The Quran-e-Majid is the Word of Allah as revealed to His prophet, Muhammad (SAW) about fifteen centuries ago. To every prophet Allah gave some miracles, but gone are the prophets and their miracles. The Holy Prophet Muhammad (SAW) is the last prophet and Allah gave him an imperishable miracle and that miracle is the Holy Quran. It is a miracle that the Holy Quran has remained 1500 years and it shall remain till the Day of Resurrection, for Allah has taken it on Himself to protect it. The Glorious Quran contains 114 chapters and 6666 verses.

The Holy Prophet of Islam, Muhammad (SAW) proclaimed, *"The best amongst you is he who learns the Holy Quran and teaches it to others"*.

The Holy Quran is a complete code of life. It is the proof of Allah before His creation. This Holy Book is as a light whose flames cannot be extinguished, a lamp whose gleam does not die, a sea whose depth cannot be measured, a way whose direction does not mislead, and a ray whose light does not darken.

Allah, the Glorified, has made it a quenched of thirst of the learned, a bloom for the heart of religious jurists. It is a highway for the ways of the righteous, a cure after which there is no ailment, a rope whose grip is strong, and a stronghold whose top is invulnerable.

Its teachings are evergreen and eternal. It gives information and instructions about every aspect of life. It gives an exhaustive commentary on religion, ethics, politics, science, philosophy, logic, psychology, economics and nature. Even then, every aspect of life has been discussed in it. In brief and short, an exhaustive discussion on belief, worship, business and morality is the subject matter of the Holy Quran.

The Holy Quran is a message of peace and amity. It teaches parity, justice, honesty, truthfulness and piety. It lays concrete foundations for a civilized and cultured society. It ends discrimination on the basis of caste, colour and creed.

The proof of Muhammad's (SAW) prophethood is the Holy Quran. The "Kalam-e-Illahi" is the wonderful piece of poetry and Arabic literature full of wisdom and guidance. On reading it, at once, one is convinced that it is the Word of Allah.

It is an advisor who never deceives, a leader who never misleads and a narrator who never speaks a lie. It is an illustrious and distinctive source of enlightenment and spiritual illumination of the gone astray people of all ages.

" MY AIM IN LIFE / DOCTOR"

"Hitch your wagon to a star."

(Emerson)

An ambition is a guiding star in our life. It stimulates our courage, energy and enthusiasm. Without ambition, life becomes dull, drab and boring. Those who have no definite aim in their lives cannot rise in life.

"Aim is as important for a man as destination for a ship."

A profession is usually considered a scale by which a man's prosperity is estimated. It works like a guiding star and a lighthouse top. It directs the gone astray people to the right direction, and finally brings them to their destination. It helps us to focus our heed and efforts on a particular target. It motivates and compels us to be diligent, honest and steadfast in our efforts it makes us contented cheerful prosperous and rich.

As it is the saying of *Napoleon*:

"Great ambition is the passion of great character."

A good profession brings about peace and calm of body and brain while a wrong profession results in physical suffering and mental agony. It mars the delight of body as well as of soul. Therefore one should be very cautious in choosing a profession. Because

"A little hole can make the titanic drown."

There are heaps of professions. It is an uphill task for a young man to decide about his profession. Many desire to be rich or to become businessmen. Some people dream of becoming leaders, politicians and social reformers while most of the students aspire to become engineers, doctors, lawyers, military officers and scientists.

"This is one step... choosing a goal and sticking to it... changes everything."

(Scott Reed)

Every human being has been sent in this world with a purpose. God has given different qualities of mind and body to the people to perform different duties of life. It is the first duty of every educated man to understand himself and to determine some aim of life for himself.

"The ambition if reached or not, makes great the life" (Robert Browning)

According to me, the medical profession is the best and it is my ideal. My aim in life is to become a doctor. I intend to be a doctor after the completion of my education. The choice of this profession has been made after a great deal of thoughts. I like this profession from the heart as it appeals to me and suits me well.

"Happy is the man whose profession is his hobby."

I want to serve to serve my countrymen, especially those living in rural areas. The poor villagers in Pakistan cannot get medical aid if they fall ill or meet some accident. I want to set up a good hospital in a far off village. The best service of humanity is to provide relief to those who are in pain and distress. I would not charge any visiting fee. As far as possible, I would treat the poor patients free.

As it is *well* said:

"No one has ever become poor by giving."

I like this profession also because there is great scope for intelligence and hard work in this field. Research in the medical field is going on in every country of the world. New medicines and medical equipment are being invented day by day. I would like to adopt all these modern methods of treatment and would keep myself up-to-date. A doctor never retires from his profession like a government servant. The more aged a doctor becomes more experienced and valuable. i.e., **"OLD IS GOLD"**. Therefore, the personality of a doctor does not degenerate. Daily he gets new cases to treat and interesting patients to deal with.

I like this profession for another reason. It gives freedom and respect to a man which he cannot get in any other profession. A doctor is not bound to any authority. He may join the government service or establish his own private hospital. Many doctors resign after getting experience by working in the Army or Government

hospital. A competent and experienced doctor is more respectable than any officer or business man. In view of these merits, I want to join this profession. I am burning the midnight oil to get this aim fulfilled. As ***Bacon*** said that:

“The mould of man's fortune is in his own hand.”

However honesty and hardworking is the demand of every profession without which we cannot get success. To work as a doctor in an honest and efficient way will be my prime purpose of life. May God help me to leave no stone unturned to achieve my good aim! (Ameen)

Rob Richards said that:

“Ingenuity, plus courage, plus work equals miracles.

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Essay: Television

One of the marvelous and most alluring inventions of science is television. It indeed is a magic box that opens up a whole new world of flickering pictures and images where one may lose one's self. One can watch moving, talking, and living pictures on the screen while sitting leisurely. It is a definite source of infinite information, entertainment, education and cultural activities. It plays an important role to promote human perception and knowledge. For this we should be thankful to the *inventor J.L. Baird* whose invention has revolutionized human civilization. Television is the most effective medium of communication. This one machine has squeezed the world so closely that the people living at the farthest corners of the world are aware of each other's cultures, languages, traditions and life styles. Television has made this world one global village by its rapid and fast communication. The introduction of cable network and satellite has added even more to sense of connectivity: It not only provides the news but the human emotions and feelings are transferred as well. *"Television speeded everything."* says *Ruth Handler*.

If there is a mishap at Syria in the morning, the people in Canada know this before the end of that very day. A Chinese knows all about happenings at USA and a British is well aware of every new proceeding at Australia or New Zealand. Television has a great educational value by the dint of being the most approachable medium of information. There are a number of channels and programs that illuminate the general public and provide them with the maximum exposure to the world. Television is a great source for entertainment as well. It is a very good pastime that diverts one from humdrum of life by entertaining and refreshing. It has to offer a variety of programs to suit to everyone's taste and need. We remain seated in one room and watch a panorama of life.

In general we can say that the television has become an integral part of the living and this has cast some negative impacts. According to Fred Allen *"Television is the triumph of machine over people"*. Like all other things the obsession for watching TV has disastrous effects especially on the students. It has connected people of different countries but ironically distanced people in the same house. It can be the greatest source of discomfort and inactivity if its addiction engulfs one. So it can be concluded that television has all the benefits once it is used objectively and not as *a chewing gum for eyes*.

Essay: Our School Canteen

Away from the boring class work and within the boundary of school, a school canteen is the most pleasant place to enjoy. The moments spent in the school canteen provide us plenty of comfort and relief to refresh mind.

Our school canteen is a lovely place of great pleasure. The contractor is seen to bustle about with his staff when break starts. The recess period at canteen becomes hotchpotch of things when the army of girls/boys pounces upon the building of canteen.

The whole building becomes the hostage to the students of the school. These are the moments when the contractor earns a huge fortune. To speak about the building itself, it is a square hall with so many counters and round tables. Chairs are placed in proper order that becomes a mess during the hours of recess. Things are sold like hot cakes. Counters for the junior and senior section boys and girls are apart. Prefects, with their noses in the air, appear to be strict disciplinarians. Students can have every kind of eatables and drinks. Our school canteen is, no doubt, a place of real enjoyment if you have some money in your pocket.

The attitude of the staff of school canteen is mix behaviour. They are very polite when to receive money and equally impolite otherwise. If taken as a whole, our school canteen is no less than a heaven for those who are greedy in their hunger. Because,

"Somebody's eyes are bigger than their stomachs".

Essay: A Visit to a Hill Station

"Hill stations are Nature's special craftsmanship" (John Hethley)

Hill stations occupy huge part of natural beauty on the surface of earth. No doubt, Nature keeps its arms and lap open at hill stations. In Pakistan, there are great resorts for soothing pleasure. My visit to Murree Hills still refreshes me as a pleasant memory.

Last summer, our class decided to visit Murree. Murree is a beautiful hill-resort پہاڑی صحت، 42 kilometers away from Islamabad. We took our bus and reached Murree in the evening. We were tired of long journey. But all our fatigue تھکاوٹ ended when we saw the beautiful natural scenery of Murree. We enjoyed the cool breeze, the singing of the birds and the delightful دلکش scenery. The beauty of the landscape fascinated مسحور کر دیا us. The road to Murree was zigzagging زچزچاتی ہوئی. As the bus went ascending, we got frightened. There were many turns on the road. We were afraid of an accident but thank God, we reached our destination منزل safe and sound. We stayed for a fortnight پندرہ دن at Murree and enjoyed ourselves to our hearts' content جی بھر کر. After a stay of fifteen days, we returned to our homes. We were fully refreshed. We decided to revisit Murree during the next summer.

Essay: My Best Friend

"A friend is like a nectar (نَحل) that sweetens the bitterness (تَک) of our life."

People often talk about friendship but nobody knows what it means. It is a perfumed flower which blossoms (کھانا) in different hearts and the more it is cherished, the better fruit it brings forth. True friend is like a shady tree that gives us shelter from the broiling heat of the sun. It has been truly remarked,

"A faithful friend is a balm (مرهم) to our wounded hearts."

A faithful friend is the best medicine of life, and my friend should act as a balm to my heart. Mr. Ayaan is my best friend, he is a gentleman to the backbone. He comes of an educated family. He is a model of modesty (پاکیزگی). On his every visit to me, he makes me happy. He is always hopeful. He always looks at the bright side of things. He is a source (زریعہ) of inspiration (حوصلہ) to me. When I am sad and grieved (غم) his company removes the darkness of my mind.

He is a humanist (انسان دوست). He does not look down upon the poor. He always tries his best to help the poor and the needy. He often expresses (بیان کرتا) his viewpoint that the rich and the poor should be treated equally in the society. He says that the poor should also be given the equal chances to rise in life. In fact, he believes in equality and democracy.

He has also some human weaknesses. He is a spendthrift. His motto (منشور) is, "Spend and God will send." He is also fond of one and expensive clothes. He is also not industrious (مجتہد). He does not bother about his studies. He is, no doubt, intelligent. He regularly reads the newspapers, journals and magazines. He knows all the important facts of life. He is fully in touch with the current affairs of the world, too.

To conclude, friends are those who stand by us through thick and thin (دکھ سکھ میں). True friends do not leave us in the lurch. A sincere and selfless friend is a great blessing. Emily Dickinson has rightly said.

"My friends are my estate. Forgive me then the avarice (حرص) to hoard (ذخیرہ کرتا) them"

“DEMOCRACY”

Democracy is a system of government by the whole population or all the eligible members of a state, typically through elected representatives. Thus democracy is a public kind of government. All the classes of people from a layman to a lord take part in democracy. That is why this form of government is widely liked by nations all over the world. There are also other forms of government like communism in Russia, socialism in China etc. This system is entirely different from dictatorship or autocracy.

A former president of America, *Abraham Lincoln* defined it as:

“Government of the people, for the people and by the people.”

The democratic form of government is based on the willing consent of people. General will and not force is the basis of the state. Democracy is the mechanism through which the general will is expressed. Democracy is the best form of government as it is stable, enduring and not liable to drastic changes such as coup d'état revolution or putsch. As *Laski* has pointed out,

“Government exists for the satisfaction of maximum desires and maximum desires can be satisfied by maximum consultation”

Democracy is the guardian of equality, liberty and the fundamental rights of the people.

Democracy stands for the general “General will” and as pointed out by Green, “General will is the only permanent foundation of government”. The basis of democracy is consent not force, persuasion and not dictation agreement and not violence. As *Abraham Lincoln* says,

“The ballot is stronger than bullet”

The important features of democratic institution are universal suffrage, frequent elections, and well organized parties, liberty of speech, freedom of association and freedom of opinion. Democracy is a milestone to prosperity. The individuals in the democratic State are not like “dumb-driven cattle” but active citizens who take a lively interest in the affairs of the state. As *Paul Wellstone* says

“Education and democracy have same goals, the fullest possible development of human capabilities.”

They have also the power of making and unmaking their government. The Ministers are responsible to the legislature and as soon as they lose trust they are made to resign. Thus a change in government is brought about by peaceful methods and not by revolution.

“Democracy is the killer of megalomania”

The government cannot ride roughshod over the wishes of the people for the fear of defeat in the next election “hangs like the sword of Damocles”. The four pillars of democracy are the rule of law, freedom of opinion, freedom of association and freedom of press.

“Democracy unleashes a tone of objectivity instead of subjectivity.”

The people can criticize the government, expose the selfish leaders, and condemn the policy of government. The dictum, “*Some are born to rule and others are to obey*”, is rejected.

As it is well said,

“Self-criticism is the secret weapon of democracy, and candour and confession are good for the public soul.”

Democracy has some demerits also. It gives birth to party-politics which destroys the liberty and individuality of the people. Members of the party are duty-bound to follow the dictates of their party. Party system ignores the basic principle of democracy, the right of each individual to have a free say in every matter.

The main danger in a democracy is the tyranny of the majority. All the decisions are made by majority vote. It means “*Counting of head, not weighing of wisdom*”. In spite of its demerits, democracy is a reasonable, useful and successful system of government as democracy slaughters the social evils.

“The cure of the evils of democracy is more democracy.”

If we analyze democracy from the point of view of our country we come to know that it has never been successful in Pakistan. The main reasons are lack of education, lack of political sense and interruption of non-political elements. No government has ever been given a chance to run its affairs smoothly. But our political leaders should pay some heed to the golden rules of Islam.

The best form, under the circumstances, is the Islamic system which accommodates the opinion of every individual if it is in accordance with the injunctions of the Holy Quran and Sunnah of the Holy Prophet (SAW). One may call it “Restricted or controlled Democracy”, but it is true Democracy.

“Democracy isn’t perfect; I just don’t know a better system.”

(Winston Churchill)

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"ADVANTAGES AND DISADVANTAGES OF COMPUTER"

We are breathing in an era of revolutions. New ideals theories and inventions hit the head-lines in the newspapers. Computers, now-a-days have become part of our daily background. News papers, magazines we read, have been typed by computers, the bills we pay are prepared on computers; and statements in banks and other institutions are made over computers and houses are designed by architects with the help of computers. Scientists, businessmen, soldiers and sailors, clerks and directors, accountants and engineers, teachers and lawyers, doctors and researchers, and a growing number of computer personnel make constant use of computers in their daily life. Modern offices hum with the sounds of office machines...typewriters, dictation machines, calculators, copiers, and data processing machines. Computers hold out a great and bright future to mankind. Computer communication will be key to the present and future generations.

Computer is resulted error free and reliable processing of data either human who are prone to errors. Computer has helped in data transmission over long distances. No matter the distance, data can be moved from one computer to the other computer at high-speed. Computer also reduces cost in terms of investments in businesses and concise the record rooms into single hard drive. Computer helped to grow businesses in terms of business meetings, conference, emails and online chatting. Sharing of information over the internet is a major advantage which has been brought up by the computers in the global business sector.

Computer causes various health and safety issues. Computer users suffer serious back problems, eyes strain and neck pain. This is probably due to a poor posture or an awkward position while sitting at a computer. Computers are generally expensive to buy and maintain. The first purchase, buying of additional software and maintaining it can be expensive. You are not guaranteed that it will never break down. It has brought along immoral behavior among its users. The availability of the internet has perpetuated the rise of hackers, has made it possible to access pornographic material with ease and even lowered the productivity of employees for they can spend hours in the internet instead of working.

Essay: Village Life

*Then, contented with my state,
Where true pleasure may be seen,
Let me envy not the great,
On a cheerful village green.*

Pakistani village is a place where nature smiles. These are simplicity regions where prosperity, contentment and tolerance prevail all around. Pakistani villagers lead a natural life. They do not know artificiality of city life. That's why Cowper had to declare, "God made the country and men made the town".

Life of a village is calm and peaceful. The hustle and bustle and the rush of traffic which has made the town life horrible is absent here. There is no feverish activity like that of town. Their fields and cattle are their most precious treasures. Their luxury is only belly filled food. The villagers earn their livelihood by the sweat of their brow. They get pure and fresh vegetables. Milk, Lassi, curd and butter are very common in every house.

The village has barbers with keen wits and dull razors, carpenters with primitive instruments, shoemakers whose shoes are known more for durability than for beauty, and blacksmiths who make ploughshares and sickles. A village has also a dispensary to cure ordinary ailments such as sore eyes and fever.

The centers of interest, however, in the village are the school, in which most of the boys study; and the mosque where the muezzin calls the faithful to prayer five times a day. The village has a couple of inns also, where travelers take shelter for the night.

The most important men in a village are the two mighty lambardars. They are not on the best of terms with each other; therefore the village is full of petty intrigues and malicious party spirit. The patwari was dreaded in days gone by, but now he has lost much of his prestige. The Head Master of the school is a worthy man, and the adult school run by him contains pupils from the ages of 15 to 20. The co-operative bank in the village is managed by a clever man, who gives loans only to his own favourites. Even the members of the punchayat are not above suspicion.

A village is not a piece of heaven on earth. It has its deficiencies as well. The poet has summed up all this in these lines:

*Without proper transportation
Without supply of electricity.
Life here is so different
Deprived of city like facility*

The villagers have no educational facilities. That's why most of the children remain uneducated. Health facilities in village are scarce. The people had to travel long distances to reach nearby hospitals. Sometimes it's too late to reach there as the patients due to unavailability of medical treatment breathe their last on the way.

But the villagers are not discouraged by these things. Their spirits are high and they are happy because they live in the lap of nature and enjoy a peaceful living free from pollution and din and noise of cities. The moon shines brightly in the villages and the hues of rainbow are enchanting in the village. The greenery all around shows how blessed the villagers are!

"ELECTRICITY CRISIS"

Electricity crisis in Pakistan are one of the major reasons which are hindering the economic growth of Pakistan. Unavailability of power is affecting directly or indirectly on every sector of life. Making people feel frustrated as well as helpless. The load shedding span has mounted to almost 12 hours a day to industries and about 8 hours to domestic consumers. This destructive power shortage has brought the industrialist as well as the local people on roads for an urge of protest, but despite of all such anti government actions this struggle is in vein as there is no progress in the electricity supply to the consumers. Due to unavailability of electricity Pakistan's export is highly affected as industries are unable to meet up to the orders leaving their clients with no other option instead of switching to other vendors in other countries.

This is not only about the export but the national producers are shifting their production plants in the nearby countries like Bangladesh and China where electricity supply is convenient and side by side cheap. In the past 4 years the modern cities are experiencing about 8-12 hours of load shedding as compared to the rural areas where load shedding has accede to almost 12-14 hours of load shedding. This power shortage is also affecting the gross domestic product of our country as the country's GDP is decreasing to 2% every passing year indicating a destructive economic breakdown in near future if this problem is not coped up.

This energy crisis is ultimately becoming the major cause of increasing unemployment in our country. There is no electricity so industries are being forced fully shut down leaving the labor and employees helpless and without any jobs. It is stated that in the last 3 years thousands of employee who have lost their job due to these energy crisis have returned to their homes from where they have come in search of job. Many of the orders were cancelled in industries and which were not cancelled never met to the prescribed standards and quality. Karachi Electric Supply Corporation (KESC) is blamed for this electricity shortage but according to them they are also handcuffed in from the gas suppliers as they required 22 million cubic feet gas for a normal production which is reduced to about 115 million cubic meter a day, so when there will be no fuel there will be no electricity produced. So in concluding Pakistan is facing one of the most disparaging and critical power shortage and if it is not resolved at major priority Pakistan's economy which is still not developed will be in real time danger.

“PICNIC PARTY”

Cowper Said:

“What peaceful hours I once enjoyed! How sweet their memory still”

In this modern age, we remain busy day and night like a machine. Our minds are all the time pre occupied with the worries and responsibilities of everyday life. We are unable to understand the need of pleasure in human life. In this hurly burly world of tumult and turmoil, people become dull in soul and drab in spirit. Round the clock they are engrossed in materialistic pursuits. They feed their big bellies but do nothing for their vexed souls. They have confined themselves to the small stinging nooks of the houses or the offices. They toil from dawn to dusk to make loads of money.

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The death of the great king, the brave warrior and skillful administrator showed to us that everybody had to leave this world. The emperor lay forgotten in his grave. There was none of his courtiers to salute him. Our minds were full of solemn thoughts when we left the place. We were pondering over the mystery of death and the eternity of nature. We all agreed with *Shakespeare*.

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"CO-EDUCATION"

The trend of co-education is getting more and more popular amongst the country like Pakistan and India, mainly in Sub continent, it is already very much common in the western world but now it is being adopted all over the world. The education system comprising of co-education system has many pros and cons, which is it is having several advantages and disadvantages based on the way this system is being adopted, used and utilized. These advantages and disadvantages are being illustrated below:

Co-education Advantages:

One of the very core benefit and advantage of education system in which males and females study together is that the understanding between the two genders prevails and it becomes more comfortable for the individuals to get use to of such environment where both male and females work together. This prepares the students for the practical life when they have to work shoulder to shoulder with the opposite sex.

It increases the confidence level of the individuals when they work with opposite gender. And if it is being done from the very initial level than it plays a vital role in the grooming of the personality of both the male and female students, this is because the individuals feel hesitant when they are exposed to opposite sex for the every first time so it is very much useful to eliminate this hesitation at very basic level so that both the males and females get use to of working together in their upcoming lives.

The environment becomes very much controlled and within the limits when the people of more than one gender are present as this keeps the students to behave properly and avoid misuse of language or even other unethical activities. So co-education can play a vital role in altering and modifying the nature and respect for the both genders.

Co-education Disadvantages:

The very threatening and fearful disadvantage is that the students can get diverted from their studies and can involve themselves in other activities apart from education which can result due to the attraction of the opposite sex. This might affect the educational career of the individual students at very initial level which can make the foundations very weak.

One of the very significant disadvantages of co-education is that the students can get involved in unethical activities and even can get in to crimes. The unethical activities at very young age include the affairs, physical relationships and the crimes might include the rape and sexual harassment which might destroy the lives of the involved students.

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" MY FAVOURITE POET "

"A poet is born, not made."

Poetry is the art of expressing one's feelings and ideas in an impressive manner. It provides us pleasure besides improving our awareness of life. The poet is a man of deep insight and sensitive nature. He can make us see and feel in a wonderful way. He is a man of exceptional qualities of heart and mind, unparalleled vigor, matchless genius and unique talent. I am also fond of reading poetry, especially Urdu and Punjabi poetry. Allama Muhammad Iqbal is my favourite poet. He is undoubtedly the greatest Muslim poet of this century. His poetry is read and appreciated not only in Pakistan and India but also in Iran and many European countries. His books have been translated into English, German and other languages of the world. He was not only a poet but also a great thinker.

"Greatness be nothing unless it be lasting" (Napoleon)

Unlike other Urdu poets he is not concerned with love and female beauty. He gets poetic inspiration from his beautiful ideas. Islam and Muslim civilization form the central theme of his poetry. He is deeply convinced that Islam is the best system of life that can make the Muslims glorious once again.

"Faith is like Abraham at the stake: to be

Self-honouring and God-drunk, is faith." (Iqbal)

In his poems, Dr. Iqbal exhorts the Muslims to come back to the fold of Islam and to regain their lost prestige. I like his poetry which gives us the message of hope and struggle of life. His concept of "Khudi" is appreciated by the scholars all over the world.

"Empty of concord is the soul of Europe,

Whose civilization to no Makkah bends." (Iqbal)

He was born at Sialkot in a Kashmiri family in 1877. His father Sheikh Nu Muhammad was a mystique, from whom Iqbal inherited his deep love of religion. When he was a student at Murray Collage, Sialkot, he had the good fortune of getting the guidance of a capable teacher like Syed Mir Hassan. He created in Iqbal a genuine love for Arabic, Persian and Islamiyat.

"Love's madness has departed: in

The Muslim's veins the blood runs thins;

Ranks broken, heart perplexed, prayers cold

No felling deeper than the skin." (Iqbal)

When he came to "Government Collage Lahore" for higher education, he got the tutorship of Dr. Arnold who inspired in him a love of philosophy. He got his Master's Degree in philosophy in 1899, and worked as a Professor of Philosophy for some time. In 1905, he proceeded to Europe for higher studies in Philosophy and Law. He obtained his Ph.D. in Philosophy from Germany and his degree of Bar-at-Law in 1908. On his return to India, Dr. Iqbal started his legal practice but gave it up soon. His real interest lay in poetry and the plight of Indian Muslims. He says to the Muslims:

Read anew the lesson of the truthfulness of justice and bravery.

You will have to carry out the work of leading the world.

He started writing poems in Urdu as well as Persian. He produced such memorable works, as Bang-i-dara, Bal-i-Gibril, Zaboore-i-Ajam, Zarb-i-Kaleem, Asrar-i-Khudi and Payam-e-i- Mashriq. All of these have become classics of literature.

"His giant wings prevent him from walking"

(Baudelaire)

Iqbal's poetry worked wonder in arousing the Muslims from sound-slumber. Dr. Iqbal also proved to be the originator of the Idea of Pakistan. It was he who for the first time put forward the demand for a separate Muslim State within India in his famous presidential address at the Allah Abad session of the "All India Muslim League". He said,

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“Words are the most powerful drugs used by heroes.”

“He dies ... alas! How soon, he dies.” (Johnson)

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“A VISIT TO HISTORICAL PLACE”

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“MY FIRST DAY AT COLLEGE”

Cowper said:

**"What peaceful hours, I once enjoyed!
How sweet their memory still!"**

Sweet memories are like the sweet smelling flowers strewn on the strenuous path of life. They change life into a bloomy and balmy garden. In the store house of my college memories, enriched with many pearls and pebbles, the first day at the college occupies a prominent position. Every part of it is still fresh in my mind and will, I hope, remain so for so many years to come.

College is a romantic word for young students when they are at school. They are very anxious to enter this wider world of education that promises more liberty and better chances of progress than school life. College life polishes the personality of a student – it teaches manners and etiquettes.

As it is well said,

“A college is a place of light of liberty and of learning” (Disraeli)

I was also fed up with the suffocated atmosphere of my school where students were driven with the stick. I had been dreaming of free, independent and charming life of the college since my school days.

As it is well said,

**“Hold fast to dreams, for if dreams die,
life is a broken winged bird that cannot fly.”**

After a long anxious wait, the result of matriculation examination was declared and I got first Division. I got admission to Govt. College. The College opened on the first of September, and I went to join the regular class work. Naturally I was in high spirits, and my mind was full of expectations as well as fears.

When I reached the gate of the college, some senior students of the college were standing there. Some of them were in a jolly mood and wanted to befool the new-comers. I already knew that the seniors play first year fooling with new comers. So, I was mentally prepared for it. They asked us to do strange things like singing ridiculous songs and doing monkey pranks. The sense of self-respect did not allow me to act according to their wishes. Still they forced me to obey their orders. I felt a little humiliated but took it sporting.

“Seniors always approach juniors with an air of superiority”

Meanwhile, a senior Professor of the college came to our rescue. He asked the boys to assemble in the hall where the principal would address them. We went to the hall. First, there was prayer accompanied by recitation from the Holy Quran. The principal delivered an introductory speech to the students. He made us realize the responsibilities in the college life by quoting a Chinese proverb:

“Teachers open the door, but you must enter by yourself”

The principal advised us to try our best to achieve our goals. Moreover, he also told us about the rules and regulations of the college. He also asked us not to forget the school discipline in college. He also advised the students not to take part in politics at college and pay full attention to their studies.

As it is well said by *Edward Everett*:

“Education is a better safeguard of liberty than a standing army.”

Then, the time table was dictated and the students went to their classrooms. Our first period was of English. A Professor entered the room, the boys stood up to greet him. He took our roll call. He did not teach us but advised us about our future life. He stressed that we should not misuse the liberty here rather we should make full use of the opportunity to achieve our end.

As it is well said,

**“Colleges are places where pebbles
are polished and diamonds are dimmed.”**

In the recess period, one of my fellow students took me to the college library. There were many cabinets full of books and magazines. Many students were reading books and newspapers.

As it is well said,

College is like a fountain of knowledge

– And the students are there to drink. (Martian Luther King)

Then, we went to the college canteen to refresh ourselves with some cold drink. I found the students sitting here in various groups, taking tea, samosas, cakes, etc.

After attending all the periods, I got free at 2 O'clock and returned home fully satisfied with my college and its standard of education. Thus my first day at college came to an end and left behind unforgettable memories.

All the really valuable things you own are things you cannot photograph.

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"ADVANTAGES AND DISADVANTAGES OF INTERNET"

Internet has been perhaps the most outstanding innovation in the field of communication. Internet is defined as a collection of various services and resources. Although, many people still think e-mail and World Wide Web as the principle constituents of Internet, there is a lot more in store than e-mail, chat rooms, celebrity web sites and search engines. Today internet has brought a globe in a single room. Right from getting news across the corner of the world to accessing knowledge resources to shopping, everything is at your fingertips.

As with every single innovation, internet has its own advantages and disadvantages. Nevertheless the advantages of the Internet are so huge in number that they outperform the disadvantages quite easily.

Let us see what are advantages and disadvantages of Internet.

Disadvantages of Internet

There are a lot of people who see the internet as a promoter of immorality. The first and the foremost disadvantages of internet for students is the wastage of time in social networking websites like Facebook, Twitter, Whatsapp etc, Students are found spending ample time with These social sites rather than with their books This habit spoils their time, learning habit in some case leads them to involve in immoral activities Besides this the general disadvantages are spamming. Theft of personal details, fraud, virus threat etc:

Spamming denotes distribution of unsolicited e-mails in large numbers. They are meaningless and they unnecessarily block the whole system. These activities are treated as illegal while using the internet, there is high probability that your personal details like name, address and credit card number may be accessed by con artists and used for fraudulent purposes. Virus is the biggest problem. It is a program that interrupts the usual operation of your personal computer system. PCs Linked to the Internet have high probability of virus attacks and as a result of this your hard disk can crash, giving you a lot of trouble.

Essay: Boy Scouts

Boy Scouts is a useful movement for the youth. It was founded by Lord Baden Powell in 1910. It soon spread in the whole world. It is appreciated for its simple and noble objectives.

A boy, wishing to become a scout, is required to take an oath. He has a keen sense of duty and loyalty to God Almighty, to his country and to his people in general. A boy scout has many qualities. He bears a good moral character. He enjoys a sound physical and mental health. He is always ready to help the injured, the needy and the helpless. He respects the feelings of others and always speaks gently.

Moreover, a scout has the qualities of leadership. He is firm and noble in command. He is humble and obedient. A scout learns many useful skills and crafts. He learns the use of knife and axe. He can tie various knots. He also knows how to cook food.

A scout is a supporter of brotherhood and good-will among people. In peace and distress, a boy scout shows courage, responsibility and self-confidence.

"PATRIOTISM"

Patriotism means love for and devotion to one's mother-land. This is a very natural aspect of 'human life. We naturally have some association with the place where we live and with the people with whom we live. Such associations culminate into the sublime qualities of patriotism.

Love for our country requires us to make some, sacrifice. In the first instance it demands of us to be good citizens to be law-abiding people and ultimately to contribute something to the common good of our people. It exhorts us to rise above self and to do something for our countrymen. At its highest, patriotism requires us even to sacrifice our lives.

Even we try to become patriots and Endeavour to rise up to the noble expectations of our mother-land we cultivate certain good qualities of head and heart. The spirit of selflessness and self-sacrifice helps us shake off mean and low feelings. Our social and moral values are developed and we create nobility not only in ourselves and serve as a source of inspiration to authors. This sincerity of purpose enables the country men to work hard to make their country a social welfare state and thus to maintain her honour and glory in the comity of nations. Men with patriotic feelings make the real wealth of a people.

**"Not gold but only men can make,
A nation great and strong,
Men who for truth and honor's sake,
Stand fast and suffer long."**

These are the people; the poet goes on to say, "Who work while others sleep." They never lose heart. They maintain the morale of their nation by their constant efforts, 'while others fly and ultimately.

"They build their nations' pillars deep, And lift them to the sky."

The patriotism enables a person even to work in an atmosphere which discourages the ordinary man, under adverse circumstance when others don't co-operate or even betray him.

The soldiers stand by their country in the hour of peril and lay down their lives simply to vindicate her honour. We can find glorious examples of certain great national heroes who struggled hard and fought valiantly for their mother-land. Mustafa Kamal Ata Turk brought health and vigor by instilling 'new blood' in the veins of the sick man of Europe"-Turkey. Our Quaid-e-Azam strove excessively hard for the glory of Pakistan without any regard for his own health or personal benefit.(9essay.com) Liaqat Ali Khan the first

Prime Minister of Pakistan did not hesitate even to shed his blood in the service of the country. The unparalleled example of Joan of Arc will always shine brightly in history of the French people.

Patriotism creates a very broad outlook-that is, a person arises above his own self. He prefers the interests of the country to his own interests. This enables him to look at life in a very broad perspective-that is, the love for his countrymen.

But there is one thing regarding patriotism which should be kept in mind. Patriotism means love for one's country but it does not at all imply the sense of hatred for other countries. On the other hand the spirit of self-sacrifice should be extended to the entire human society. It means that patriotism should teach us love for and service to humanity.

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"RIGHTS OF WOMEN IN ISLAM"

One wonders what terms like woman emancipation and feminism have a relevance in an Islamic state? Islam is a religion which gives prime importance to justice. It preaches compassion, tolerance and sympathy for all, irrespective of gender, caste or creed. When the world was ruled by barbarism, Islam uplifted humanity from the abyss of savagery.

In pre-Islamic Arabia women could be inherited by relatives of their husband when the latter died, whether they liked to marry them or not. Islam stopped that practice and other similar ones which reduced the status of women in society to that of animals, or inanimate objects which could be inherited, Girls were buried alive because they were considered a burden for the family as well as society. Islam gave woman the right to live not merely to exist!

Islam tell us that a woman deserves respect just as a man does. She deserves all the respect for just doing what she as a woman can do best. That is why as a mother she may have to be respected by her son three times more than he respects his father, but &s a wife, she has to' obey her husband within certain limits. A mother doing her duty properly may be no less in the eyes of God than he head of a state doing his part well.

A women's role as a daughter, a sister, a wife is no less important than man's. It is obvious that men are inherently better than women in some spheres of life, just as women are better than them in several other spheres. A woman's role as a mother is one for which she is most suitable by her 'nature. Unfortunately, modern society is haunted by an unfounded disdain for this role-"women are not just machines to produce babies we often hear ,nice, young ladies crying out. In the world of high fashion, where smiles are affected and love is pompous, genuine respect for life is becoming dangerously remote.

A man who saves one life in his lifetime does almost enough to justify his own, in his world. Giving birth to life and nursing it is sublime. A woman does it, she gives birth. She becomes the instrument of God's benevolence as the Creator. Her existence would truly be noble even if her role were confined to just that. A woman's contribution in multiple roles is simply undisputable. In her company, man finds an escape from all the harshness of life. In her dependence, he finds a reason to live and hope. In her purity, he sees his honour, in her love and loyalty he revives his strength.

7.THE MONSOON/A RAINY DAY

“Nature, like man, sometimes weeps for gladness”

Rains in rainy season bring great charm, attraction and jubilation. No one can help enjoying the rainy season.

It was the 2nd week of July. The sun was shining fiercely and was making the atmosphere oppressively hot. The scorching sun was unbearable. It has been very close since morning. It was very difficult to breathe because of heat. Everybody was perspiring from head to foot. Everyone was looking to the sky and praying for rain. The newspapers carried the reports of deaths by heat-stroke or exhaustion and the death-toll was mounting every day.

Allah took pity on His creature. Suddenly, black clouds appeared on the horizon. In no time, they covered the whole sky. People were very happy to see it and expected rain. A cool breeze began to blow. There was a flash of lightning, quickly followed by a clap of thunder. The clouds turned thicker and thicker, darker and darker. Soon it started drizzling and then large drops began to fall. The moment they fell the dry earth sucked them. It was followed by a heavy shower



“The one, who says, sunshine is the cause of pleasure, can never dance in the rain.”

The rain continued for three hours. The streets changed into streams of water. The fields were filled to the brim. Young boys ran out of their houses to enjoy a bath. They splashed at one another, floated paper-boats and ate mangoes.

The fierceness of the weather finished. A cool breeze began to blow. A new current of life ran every where. The high walls were drenched. The leaves of the trees began to glitter. The crops were washed. The birds began to sing and dance in ecstasy. The atmosphere became clean and pleasant. The light vehicles broke down on the flooded roads. Motor-cyclists slipped and fell into the pools of water. Nobody felt sorry rather everyone looked happy and thanked Allah.

“Rain is not water it is love of sky for earth”

"LIFE IN A HOSTEL"

It is very important to know Hostel life through Hostel Life Essay. Due to so much competition in the academic world students are forced to experience the hostel life this is because due to the competitive scenario they are unable to acquire admission in the desired cities or home land, so they have to go to other cities where they have to accommodate in the hostels. There are several advantages as well as disadvantages of a hostel life.

Hostel life can never be compared with the life at home this is because at home there is constantly check and balance over all the activities of the individual, when to sleep, when to eat and when to study. The enormous blessing in a hostel life is the independence as the individual can alter his own routine according to his own will. He has the liberty to sleep whenever he wants, have lunch or dinner at his own need and will not be relied on the entire family get together. In homes there are several disturbances too as guests and relatives have their visits on very often and irregular time basis which can several times hinder between the studies at very crucial time; might be the last night before the exam, so in hostels you have freedom to study as long as you wish for without any disturbances. In hostel the individual can interact with other youngsters too and can create a good community, from where he or she can learn good habits and can acquire valuable knowledge too. An individual is exposed to great amusements in a hostel this is because there are no restrictions from the family so the youngster can go for outings or for enjoying good memorable times. The students enjoy the hostel life because here they have a community of age fellows where they share the burning topics and the events taking place around them at most times.

With so much facilities and amusements several times hostel life plays a vital role is destructing the life of a student. This is because such people who observe freedom for the very first time take negative advantage from it as they get astray and indulge themselves in wrong activities like smoking, Gambling and fighting too. Daily visiting cinemas and restaurants play a crucial role in the wastage of time and also the cash. As the students expenses are also increased by getting involved in such unproductive activities they starts to tell a lie with the family regarding the expenses and the acquiring of money. It is very much likely that the student might become a part of bad communities and involved in unethical activities too. This becomes the reasons of his failure in academics and the ruin of his future. The adoption of hostel environment is highly dependent on the management of the respective hostel as well as the control of the student himself. This will enable him to differentiate between the negative and positive impacts of hostel life.

"IMPORTANCE OF ENGLISH"

Essay on Importance of English in Pakistan is the popular topic in the school function so here for what you are looking for. English is one of the most common and highly spoken languages of the world and at the same time is considered to be the official language of the world including Pakistan. Although the national language of Pakistan is Urdu but still English is very much significant and carries immense weightage and importance in Pakistan. In the modern and advanced countries English is being frequently used as the most common and highly opted mode of communication and that is why it is very much important for the people of Pakistan to get good grip over this language so that the communication barrier which is being present between the developed countries and Pakistan can be overcome and this language can play the vital role in becoming the liaison which will contribute in the development of Pakistan.

The education all over the world is being mainly conducted in the English language and in the countries like USA and UK which are considered to be one of the most developed countries of the world also have English as the official language so if Pakistan has the intention of walking side by side to such advanced countries they will have to enhance their expertise in the English language so that they can best utilize this opportunity. The urgency and need of developing the willingness of having the good grip over the English language can be determined through the focus of the educational boards in Pakistan which are heavily emphasizing on the English medium education imparted on all the government and private sectors. The educational institutions have realized the need and the importance of the English language and for this very purpose they have inculcated the mode of education in the English language so that the children can have good firm basis regarding this language from the initial stage of their life.

English is very much necessary for the people of Pakistan, it is not just for their personal grooming but at the same time it is one of their most crucial and critical need for the development and growth. If Pakistan is interested in getting in to the trade with the western countries for advanced technology, mechanics, information technology and other aspects they need to first get to know the language in which the dealing and negotiation will take place because if the communication barrier is not removed than no advancement and no advantage will be taken from all such dealings and negotiations and at the same time it is also being assumed as the shame for the national people if the officials and the representations of the state are unable to communicate on any international media with any international personality and feels hesitant in using this language. Ornamental approach towards the acquiring of the English language should be adopted as it is one of the national issues faced by the people of Pakistan.

Essay: My Last Day at School

A student never forgets the memories of his experiences and observations at school. The first and last day at school are of unique significance for students. While the first day at school may cause anxiety, fear and nervousness. The last day is surely a day of hope, confidence and preparedness. My last day at school is still fresh in my memory.

Tears trickle down my cheeks as I remember my last day in my school. It was the day of parting, and parting in life is always painful. It was the last chapter of the glorious book of my student life at school. I had been a student in my school for ten years. It was a golden period of my life, but the golden period passed away swiftly like a happy dream.

The 4th of February 2016, was my last day at school. It was a day of mixed joy and sorrow. We were happy because we were going to be free from the strict discipline of the school. We were sad because we were going to part from our respectable teachers and loving friends. On that day preparatory holidays were given. No teaching work was done. Our class teachers came as usual to our classes. They laid great stress on the importance of revising syllabus. They also advised us not to be nervous but take the examination with courage. The headmaster assured us that even during the preparatory holidays we could get our difficulties removed if we wanted to.

The ninth class students had arranged a farewell party on the eve of our departure. We all assembled in the hall. We were served with sweets and tea. Songs were sung and speeches suited to the occasion were made. The monitor of the ninth class read out the farewell address which was so touching and impressive.

He referred to our good behavior and the splendid role played by us in making the school so popular. He sincerely prayed to God for our success in the Board Examination. After this our worthy Headmaster and teachers showered their blessings on us and addressed a few words of wisdom and advice. Those words are still ringing in my ears. One of our friends sang a farewell song which moved everyone to tears.

Then we were photographed along with the Headmaster and the worthy teachers. We bade good —bye to one another. Our throats were too choked to utter a single word. Gloom reigned in the school. I took leave of my teachers, asked for their blessings and started for home. I left the gate, but the school building, seemed to beckon to me. I threw back a wistful glance. I then consoled myself. I thought I should visit this seat of light and learning once a year.

Essay: Life in a Big City

"God made the country, man made the town".

Daily life in a big city is busy مصروف and exciting. It is full of charms, comforts and difficulties مشکلات as well. Life in a big city is not as simple and peaceful پرامن as is in a village.

Big cities are centres of trade تجارت and business. There are many big markets and shopping centres in big cities. As soon as the sun rises, people move on to their jobs in offices, mills, factories and shops. There is a great rush of traffic on roads. Traffic often jams in rush hours. The same thing happens after mid-day when thousands of people return to their homes after the day's work.

The atmosphere فضا of big cities is not clean and fresh. It is polluted آلودہ with harmful substances مادیات. Sanitation صفائی facilities سہولیات are inadequate ناکافی. Heaps of dirt can be seen everywhere ہر جگہ.

The residents رہائشی of big cities have no peace of mind. Worries پریشانیوں and cares are the part and parcel of their life. People are stuck in the groove of the routine life. They do not find any time to relax تسکین دینا themselves.

"Cities teach me nothing but people living in them do" (Aristotle)

Big cities are centres of knowledge علم. There are many schools, colleges and other educational institutions in big cities. Besides this, medical facilities طبی سہولیات are easily available. But life in a big city is a whirlpool of different activities.

"Man's course begins in a garden but it ends in a city"